

New York StateWide Senior Action Council, Inc

ULSTER COUNTY CHAPTER

We invite you to

COMMUNITY CONNECTIONS

A SENIOR FORUM



“We are in the throes of an epidemic of isolation that imperils the health of older adults.”

United States Surgeon General, 2023

WEDNESDAY, SEPTEMBER 18th, 10:00AM - 2:00PM
Rosendale Recreation Center, 1055 NY 32, Rosendale

Join us for a lively discussion...hear and share inspiring stories of Seniors in our community who are pursuing their passions... finding **purpose** after retirement...fostering social **connections**... engaging in **activities** that are enriching their lives and contributing to their healthy aging.

Entertainment by Catskill Ukulele Group

Refreshments and lunch will be served.

This Event is FREE
Bring a Friend!

RSVP

CALL: (800) 333 - 4374
TEXT: (845) 389 - 9815 or
EMAIL: info@nysenior.org