

ULSTERCORPS

Serving the Ulster County Community

Give an hour— get back a lot more.

In these tough financial times Service Agencies in Ulster County must depend on **volunteers** now more than ever to keep afloat. **UlsterCorps** is a new initiative which connects volunteers with service opportunities in Ulster County. Whenever you can offer an hour or more of your time, there is a local agency or project that could use your help.

Join our community of Ulster County residents who are reaching out to help people and projects in need:

www.U L S T E R C O R P S . o r g
info@ulstercorps.org 845 687 9591
www.facebook.com/group.php?gid=53994109697

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Upcoming Events + Volunteer Opportunities Spring 2009

Big Brothers Big Sisters - Bowl For Kids' Sake - 4/19, 5/1
Hunger in the Hudson Valley: How Can We Help? Forum - 4/19
Make-a-Wish Foundation - Volunteer Orientation - 4/22
Save Energy, Save Dollars - FREE Workshop - 4/22
Earth Day - Local service events - 4/19-26
Senior Corps - RSVP - Volunteer Orientation - 4/23
NYSDEC Seedling Potting Event - 4/24, 4/26
Garden Day 2009 - SUNY Ulster - 4/25
Frost Valley YMCA - Service Day - 4/25
EMS Leadership Academy - 4/25
13th Annual New Paltz Clean Sweep - 4/25
Youth Service Day Park Cleanup - Kingston Point Park - 4/26
Women's Health & Fitness Expo - 5/2
Project Hope Women Mentoring Orientation Meeting - 5/2
Plant a Row for the Hungry - Spring Kickoff - 5/2
Family of New Paltz - Duck Race 5/3, HITS starting 5/20
Towards a New Economics - Lifebridge Foundation Forum - 5/3
Rosendale Earth Fest and Expo - 5/9
Ulster Literacy Association - Tutor Training Workshop - 5/12-28
Fulfillment - Rosendale Food Pantry Benefit - 5/16
Daily Bread Soup Kitchen - Plant Sale and Fair - 5/24
Woodstock Farm Festival - Every Wed from 5/27-10/28
Dispute Resolution Center - Basic Mediation Training - 6/5-12

Details/RSVP/Additional Opportunities: www.ulstercorps.org